

**Free Admission!**

**SATURDAY  
FEBRUARY 11  
10 AM TO 2 PM**

Fountain Hills Unified School District  
Learning Center  
16000 E. Palisades Blvd

**MEET  
HEALTH SERVICE  
PROVIDERS**

**Ally Spine Center**  
Fountain Hills Medical Center  
Lights and Health LED Light Therapy  
Fountain Hills Healthy Heartbeats  
753 Academy  
Fountain Hills Physical Therapy  
Metamorphosis Therapy  
360 Physical Therapy

**HEALTH  
SCREENINGS**

**Vitalant Bloodmobile**  
Sponsored by Four Peaks Rotary Club  
Call 877-258-4825 to schedule an appointment  
**Mobile Onsite Mammography (MOM)**  
Call 480-967-3767 to schedule an appointment  
**Prostate Onsite Project (POP)**  
Call 480-964-3013 to schedule an appointment



## FREE EDUCATIONAL SESSIONS

**"Ditch the Drugs and Skip the Scalpel"**

Dr. Christopher R. Condon, Ally Spine Center  
10:30-11:00 and 1:30-2:00

**"What You Need to Know About Critical Emergencies"**

Dr. James Mead, Fountain Hills Medical Center  
11:15-11:45

**"The All-Natural Healing Benefits of Red Light Therapy"**

PJ Cardona, Lights and Health  
Noon-12:30

**"A Healthier Me in 2023"**

Debbie Romano, Fountain Hills Healthy Heartbeats  
12:45-1:15

The first 300 guests receive a free reusable tote bag, courtesy of BoGo Promotions/Promo Scout, and Healthy Fountain Hills Pocket Menu Guide, courtesy of Jay Schlum/Arizona Living Team.